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POST TOENAIL REMOVAL SOAKING INSTRUCTIONS

- Leave wrap for **24 hours** before you start soaking
- Soak foot for 10-15 minutes daily for 3 weeks (**21 days**)
 - 1 Quart of lukewarm water
 - 1/4 cup of epsom salt (**Unscented**)
- Remove and dry foot, apply small amount of **Bacitracin** ointment to toenail removal site (**Do Not Apply Neosporin**)
- Cover with small gauze bandage (**No Band-Aid**)

IF YOU SEE ANY SIGNS OF INFECTION SUCH AS INCREASED REDNESS, SWELLING, PUS OR WARM TO THE TOUCH, PLEASE CALL OUR OFFICE AT 559-570-5377