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SIDE EFFECTS OF A CORTISONE SHOT

THE SIDE EFFECTS OF CORTISONE SHOTS OCCUR RIGHT AWAY OR WITHIN 72 HOURS OF RECEIVING THE SHOT. THE MOST COMMON SIDE EFFECT OF A CORTISONE SHOT IS PAIN AT THE INJECTION SITE. YOU MAY EXPERIENCE SORENESS IN THE MUSCLE GROUP THAT SURROUNDS YOUR AFFECTED JOINT.

YOU MAY BLEED A BIT IMMEDIATELY AFTER GETTING THE SHOT. YOU ALSO MIGHT NOTICE A SLIGHT DISCOLORATION OF YOUR SKIN AT THE SITE OF THE INJECTION IN THE DAYS DIRECTLY FOLLOWING THE SHOT.

ANOTHER COMMON SIDE EFFECT IS AGGRAVATION OF THE INFLAMMATION THAT THE SHOT WAS INTENDED TO TREAT. THIS INFLAMMATION FLARE UP IS CALLED A "CORTISONE FLARE."

YOU MAY EXPERIENCE DECREASE IN THICKNESS OF FOOT FAT PAD AND IF DIABETIC TEMPORARY INCREASE IN BLOOD SUGAR.